2019-2020

Fall Varsity Sports Headliners

Regional Finals Again!!!

After shocking the North Country last year by making it to the Class C Regional Finals this team proved that was not a fluke as they made it there again this season. The hard work, determination and grit witnessed daily by all of these young ladies was fun to watch. We are all proud of their accomplishments.

McCormick was Dynamic!!!

Allison McCormick went to states as she dominated her section 7 competition in the 500 freestyle.

The entire Girls Swimming team worked hard and constantly demonstrated their love for swimming and competition.

Boys Soccer Team Wins Sectional Game

After a frustrating regular season, no team showed more grit than the Boys Soccer team as they defeated Seton in the sectionals.

You Gotta Dig Our Volleyball Team!

Highlight of the year:
Beating Saranac Lake

Great Accomplishment:
Making it to the sectional championship game.
We are proud.

First Year Coach Takes Team to Sectional Finals

Congratulations to Coach Nolan and his entire coaching staff as well as the student athletes on a very successful season. The Patriots lost to Saranac Lake in the sectional championship game but anyone who saw that game could see that one call here or one play there would have resulted in a different outcome. We are so very proud of everyone involved in our football program.

CROSS COUNTRY TEAM RUNS AWAY WITH MANY MEMORIES

The AVCS Cross Country teams were led by All Stars Spencer Daby and Lily Potthast. Both runners went to states as well!!

Both Cross Country teams demonstrated great improvement as the season went along as runner after runner kept beating their personal best times contest after contest.

CRAZY QUESTION: WHEN DO WE LOVE PLATTSBURGH HIGH SCHOOL?

WHEN DAKOTA TENDER IS LEADING THEIR GYMNASTIC TEAM TO VICTORY!!!

Congratulations to the following CVAC All Stars:

CROSS COUNTRY: SPENCER DABY, LILY POTTHAST
FOOTBALL: ELI DOUGLAS, LUIS PEREZ, EVAN SNOW
GYMNASTICS: DAKOTA TENDER
GIRLS SOCCER: LILLEY KEYSER, REANNA PRENTISS, JENNA STANLEY, KOREE STILLWELL
BOYS SOCCER: ALEX FOURNIER , WYATT HACKETT
GIRLS SWIMMING: ALLISON MCCORMICK
VOLLEYBALL: ISABELLA JOY, ABBY SAWYER

For Practice Schedules and Game Schedules go to

http://www.avcs.org/athletics/

An Avenue for Community Service:

- *The Girls Soccer team led stations during the KES field day last June. The girls demonstrated great compassion and leadership through that community service.*
- *The Football Program collected over $200 for the Salvation Army.*
- *The Volleyball Program collected over $300 for the FitzPatrick Cancer Center*

John J. Hebert Memorial Academic Scholars

Ricky Weerts & Lily Potthast

Ricky Weerts is going to Duke University!!!

Lily Potthast is going to Yale University and she will be running on their Cross Country team too!

Nice job Lily!!!!

Proud of Our Scholar Teams!!

At the end of each sports season, the NYSPHSAA honors those teams and individuals that excel in the classroom. Those student-athletes, teams, and schools work very hard throughout the year and deserve to be recognized for their academic success.

To receive Scholar-Athlete Team recognition with a certificate, the team's average GPA for 75% of the roster must be greater than or equal to 90.00.

Boys Cross Country

Girls Cross Country

Football

Girls Soccer

Girls Swimming

Volleyball