

Meals are Free

A complete Breakfast and Lunch will be free for all students Pre-K to 12th grade for the school year 2021-2022

Breakfast

Monday - Grab & Go
Tuesday - Breakfast Sandwich
Wednesday—Grab & Go
Thursday— Breakfast Pizza
Friday –Variety
Cereal Available Daily
Meal includes Milk, and Juice

happy holidays

Elementary Second Choice

Monday - PB&J Sandwich
Tuesday - Chicken & Cheese Salad
Wednesday -PB&J Sandwich
Thursday— Chicken & Cheese Salad
Friday -PB&J Sandwich

Meals Include Fruit, Vegetable and Milk Choice

MHS Salad Option

Monday - Chicken & Cheese Salad
Tuesday - Chef Salad
Wednesday—Bacon Chicken Ranch Salad
Thursday— Chef Salad
Friday—Variety Salad

Meals Include Fruit, Vegetable and Milk Choice

MHS Express Option

Monday - Buffalo Chicken Wrap
Tuesday - Hot Entrée (Variety)
Wednesday—Bacon Chicken Ranch Wrap
Thursday— BBQ Chicken Wrap
Friday –Cold Turkey Sub
PB&J Available Daily

Meals Include Fruit, Vegetable and Milk Choice

Monday

Tuesday

Wednesday

Thursday

Friday



6
Hamburger
WW Roll
French Fries
Sliced Carrots
Fruit & Milk

7
Elem-Spaghetti & Meatballs
MHS- Alfredo
WW Garlic Bread
Tossed Salad & Broccoli
Fruit & Milk

8
Chicken Patty
WW Roll
Potato Wedges
BBQ Beans
Fruit & Milk

9
Valley Bowl
Popcorn Chicken
Mashed Potatoes w/Gravy
Corn / Carrots
Fruit & Milk

10
Pizza
Carrots Sticks
Green Beans
Fruit & Milk

13
Hot Dog / WW Roll
Potato Wedges
Sliced Carrots
Fruit & Milk

14
Grilled Cheese
WW Bread
Tomato Soup
Green Beans / Sliced Carrots
Fruit & Milk

15
Chicken Nugget
WW Roll
French Fries
Veggie Beans
Fruit & Milk

16
Holiday Feast
Hot Turkey Sandwich
Mashed Potatoes w/Gravy
Corn/Blueberry Crisp
Milk

17
Pizza
Carrots Sticks
Broccoli
Fruit & Milk

20
Chicken Tenders
Waffle
Corn
Carrots
Fruit & Milk

21
Hamburger
WW Roll
French Fries
Broccoli
Fruit & Milk

22
Pizza
Carrots Sticks
Celery Sticks
Fruit & Milk

23
NO SCHOOL

24
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

29
NO SCHOOL

30
NO SCHOOL

31
NO SCHOOL

Meals are FREE for All Students in the school year 2021-2022

If you have any questions please contact Mrs. Martineau at (518) 834-2805 or martineau.michelle@avcsk12.org