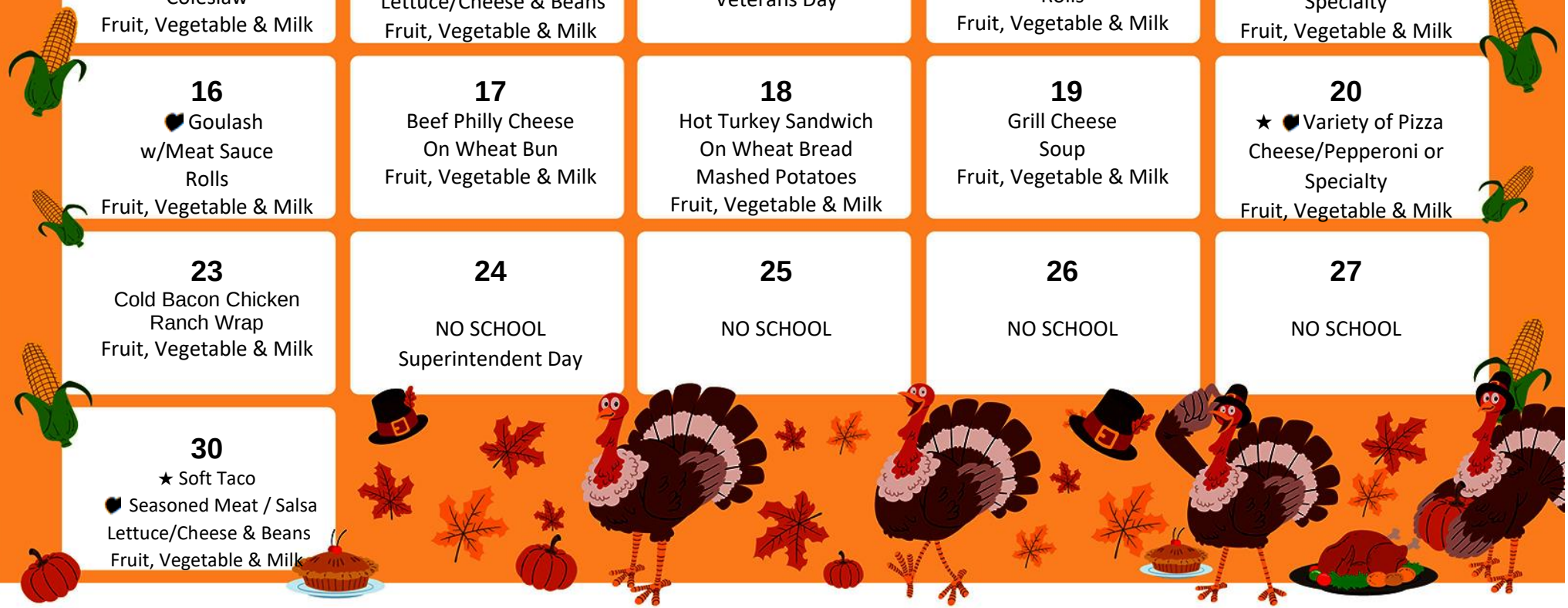
# NOVEMBER 2026

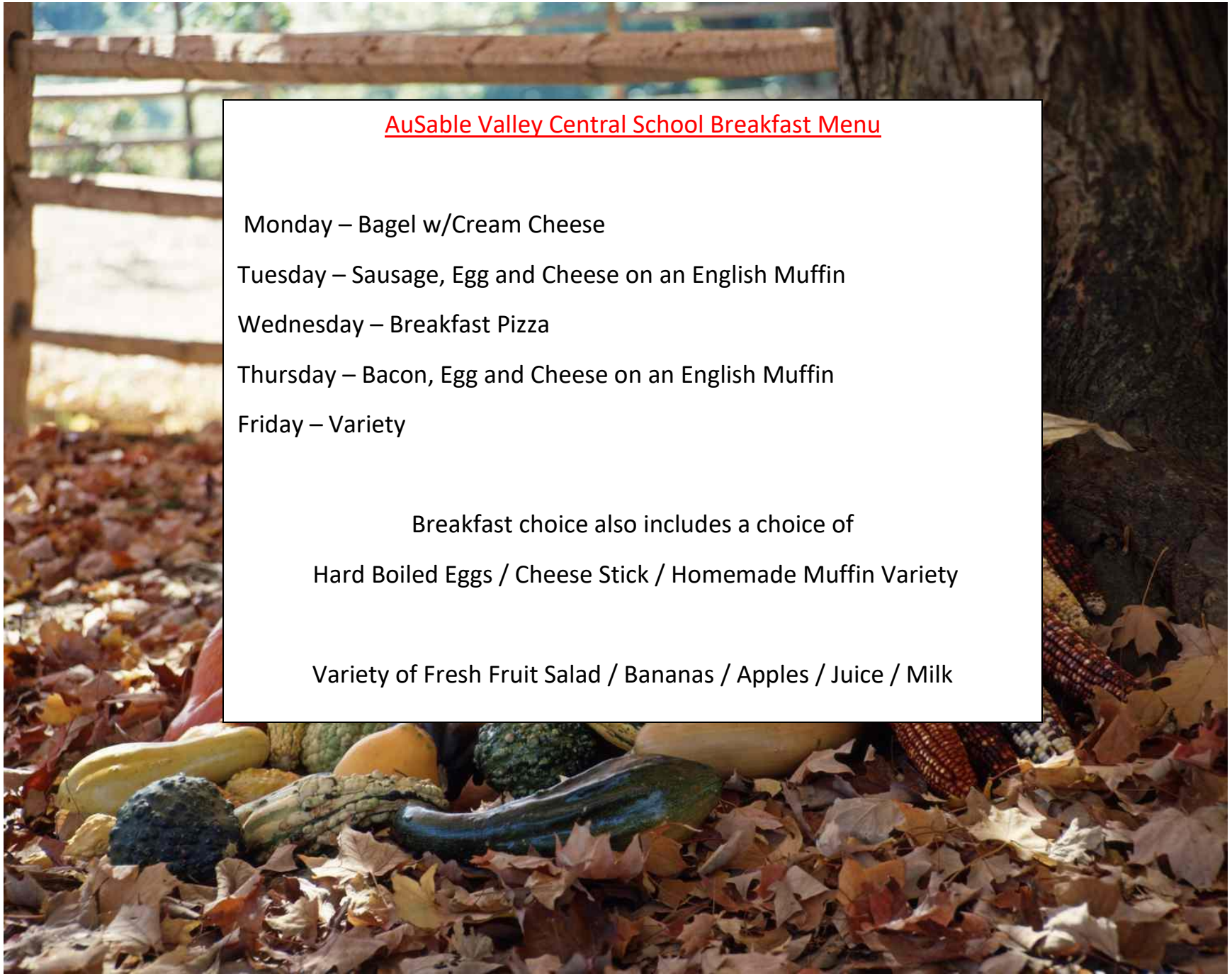
## AuSable Valley Central School

Fresh Salad Bar Daily

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **2**<br>Hamburger/Cheeseburger<br>On Wheat Roll<br>Fruit, Vegetable & Milk | **3**<br>Fajita<br>On Wheat Wrap<br>Veggie Beans<br>Fruit, Vegetable & Milk | **4**<br>Spaghetti<br>& Meatballs<br>Rolls<br>Fruit, Vegetable & Milk | **5**<br>Sticky Chicken<br>Brown Rice<br>Roasted Broccoli<br>Fruit, Vegetable & Milk | **6**<br>★ Variety of Pizza<br>Cheese/Pepperoni or<br>Specialty<br>Fruit, Vegetable & Milk |
| **9**<br>BBQ Pulled Chicken<br>Sandwich On Wheat Roll<br>Coleslaw<br>Fruit, Vegetable & Milk | **10**<br>★ Nacho Day<br>Seasoned Meat / Salsa<br>Lettuce/Cheese & Beans<br>Fruit, Vegetable & Milk | **11**<br>NO SCHOOL<br>Veterans Day | **12**<br>Valley Bowl<br>Mashed Potatoes<br>Rolls<br>Fruit, Vegetable & Milk | **13**<br>★ Variety of Pizza<br>Cheese/Pepperoni or<br>Specialty<br>Fruit, Vegetable & Milk |
| **16**<br>Goulash<br>w/Meat Sauce<br>Rolls<br>Fruit, Vegetable & Milk | **17**<br>Beef Philly Cheese<br>On Wheat Bun<br>Fruit, Vegetable & Milk | **18**<br>Hot Turkey Sandwich<br>On Wheat Bread<br>Mashed Potatoes<br>Fruit, Vegetable & Milk | **19**<br>Grill Cheese<br>Soup<br>Fruit, Vegetable & Milk | **20**<br>★ Variety of Pizza<br>Cheese/Pepperoni or<br>Specialty<br>Fruit, Vegetable & Milk |
| **23**<br>Cold Bacon Chicken<br>Ranch Wrap<br>Fruit, Vegetable & Milk | **24**<br>NO SCHOOL<br>Superintendent Day | **25**<br>NO SCHOOL | **26**<br>NO SCHOOL | **27**<br>NO SCHOOL |
| **30**<br>★ Soft Taco<br>Seasoned Meat / Salsa<br>Lettuce/Cheese & Beans<br>Fruit, Vegetable & Milk | | | | |



MY SCHOOL BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com



# AuSable Valley Central School Breakfast Menu

Monday – Bagel w/Cream Cheese

Tuesday – Sausage, Egg and Cheese on an English Muffin

Wednesday – Breakfast Pizza

Thursday – Bacon, Egg and Cheese on an English Muffin

Friday – Variety

Breakfast choice also includes a choice of

Hard Boiled Eggs / Cheese Stick / Homemade Muffin Variety

Variety of Fresh Fruit Salad / Bananas / Apples / Juice / Milk

Second Choice will be available daily

PB&J Sandwiches

**Salad Bar** with a wide variety of fresh fruits and vegetables
is included with all meals

Variety of whole, 2% and 1% white milk choice is available with all meals
(no longer offering chocolate milk)

Middle/High School will have a Yogurt Parfait Bar w/Local Yogurt/Fruit and Granola

Community Eligibility Provision (CEP)
School Year 2026-2027

All Students at AuSable Valley Central School District
will receive 1 FREE Breakfast and 1 FREE Lunch Daily

Breakfast
Hot Entrée in Cafeteria or
a Grab & Go Bag
(3 Free - Fruit/Protein/Grain)
available
Meal Includes Milk and Juice

## Nutrition Information

Please look for these icons on our menu
♥ = Homemade ★= New York State Product

## *Elementary Changes*

We will no longer be offering double on entrees at the elementary school. There will be plenty on salad bar for students to choose fresh choices.

Ice Cream will only be sold on Fridays in the Elementary Schools